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The California National Guard's Operation Ready Families Program offers a variety of programs to assist the guard member and their family before, during and after deployment:

- Operation "We Care" Meetings
- Special Benevolence Offers
- Volunteer Education Courses
- Marriage Enrichment Seminars
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California National Guard
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Operation Ready Families Program Family Assistance Network California National Guard

Operations Security (OPSEC) And Internet Safety



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Operations Security (OPSEC) And Internet Safety

Do you have a web log (blog), personal or family web page, or use instant messaging? If so, realize that there can be risks associated with using these forms of media.

Is There Really a Risk?

Estimates show that approximately MILLION people have Internet access. Realize not everyone on the Internet is a patriotic American. If you are going to post information out on the worldwide web consider the audience - 900 Million people! Some people use the Internet for disreputable purposes to engage in illegal practices such as identity theft, or even worse, use social engineering tactics to exploit you or your family. If you are going to use blogs, personal web pages or instant messaging, be sure to keep safety in mind while doing so. Additionally be careful not to divulge sensitive DoD information, information that by nature of your association with DoD, the general public would not have access.

OPSEC for Family Members

OPSEC is a method DoD uses in order to identify and protect sensitive information. We do this by looking at ourselves from the "bad guys" perspective and then limit the details an adversary would find useful. It's the same as using street smarts.

Think about what the bad guy would want to know - then take measures to protect yourself.

Family members play a key role in OPSEC! As family members you may have access to sensitive information. It's very important you be aware of the risks when posting information, even indirectly related to DoD activities, on the Internet.

Not only is it important to protect your DoD family member, but others in your household as well. You can help keep your family safe by:

- Not posting information about upcoming deployments or TDYs.
- Not giving details about what kind of work your
 DoD family member performs for the military or government.
- If your family member is deployed in support of a military operation, don't give details about the location or the activities your family member is involved in. Terrorists could be viewing your blogs and web pages!
- Realize that even if you install security protocols or password protection on your blog or personal web page – they're not fool proof!
- Refrain from posting specific identifying information such as your phone number and address.
- Don't provide information that would allow someone to find you or your family. Writing about the school your child attends, along with pictures of your children, are potential clues to help predators locate you or your family!
- Don't post your email address on your page.
 Small town Internet host providers and personal information contained in your email address should also be protected.

Ex: Rangerskid@smalltownisp.com

Realize the bad guys (terrorists, spies, and criminals) are out there just waiting to take advantage of others. Help keep your family safe by using OPSEC.

Internet Safety Reminders

Here are a few tips to consider when posting information accessible to the worldwide web:



- Think before you post
 - once it's out there, it's gone!
- Don't post inappropriate or embarrassing information about yourself or others.
 Use caution when posting photographs.
- Establish security protocols on your blog or web page such as encryption or password protection. However, realize – these are not fool proof.
- If you don't want the information to wind up in the Washington Post – then don't put it on your website.
- If you don't want Al'Qaida to know where you or your family member is deploying to and what goes on there – then don't post it on your site!
- If you are going to speak about your role in DoD, make sure to state that your views do not necessarily reflect those of DoD.

Realize criminals use the Internet too. Don't post information about yourself or your family members that would increase the risk of identity theft or other forms of exploitation. And remember to use caution when posting information about DoD activities.

Referenced from The Pentagon OPSEC Work Group